

# Parenting Trans and Gender Diverse Kids and Teens



This program supports parents of transgender and gender-diverse children and teenagers to be able to parent with confidence and understanding.

The program covers:

- exploring the unique challenges and opportunities that parents of transgender and gender-diverse children face
- understanding your child's experience
- supporting your child on their gender journey and nurturing resilience
- tackling tricky conversations
- understanding how stress and stigma impact your child
- learning how to support siblings and other family members.

Location	Date and Time	Cost
Gateway Health 155 High Street, Wodonga - F11A & B	Tuesdays 7 February to 28 March 1pm - 3pm	This is a free program

## Contact us

For enquires and to register your attendance please call 0408 429 439 or email [lisa.strode@gatewayhealth.org.au](mailto:lisa.strode@gatewayhealth.org.au).

Bookings are essential



[gatewayhealth.org.au](http://gatewayhealth.org.au)

Please note this information applies to Term 1 2023.

gateway  
health

People living well