

MODELS OF CARE

MODELS OF CARE AT AWH:

There are different models of care available to suit a woman's individual needs. If you are currently seeing your GP you need to ask if they are an Obstetric GP. This means they have done extra study and training to support you through your pregnancy.

If your GP isn't an Obstetric GP you will need to identify a current provider – their details are in the Antenatal Record provided by AWH and you can get one from your GP or go onto the Website www.awh.org.au You may still visit your GP and be part of GP Shared Care – this is where your GP and your Obstetric GP or Obstetrician work together during the antenatal period. Discuss your options with your GP or phone the Midwife Care Program for more information on **02 6051 7240**.



KOORI MATERNITY ENHANCEMENT WORKER AT ALBURY WODONGA HEALTH (AWH):

AWH Wodonga Hospital offers the services of a Koori Maternity Enhancement Worker for women that are having an Aboriginal baby. This is a program that provides additional and culturally appropriate support during the antenatal period and the immediate postnatal period. Support is confidential and is delivered by outreach or within the hospital. For more information contact the Antenatal booking area.

MUNGABAREENA ABORIGINAL CORPORATION: KOORI MATERNITY SUPPORT WORKER:

The Mungabareena Aboriginal Corporation Koori Maternity Support Worker will work specifically with the Local Aboriginal Community in Albury/Wodonga and surrounding areas to improve utilisation of and access to Maternity and Maternal and Child Health Services. The Koori Maternity Support Worker works towards improving links with the local Aboriginal Community and service providers to ensure that the appropriate services are accessed and to ensure service providers are aware of specific issues and work very closely with the Wodonga Regional Health Service Koori Maternity Enhancement Worker.

Services Include: Antenatal Classes, Doctors Appointments, Specialist Appointments, Breast Pump Loan Service, Referral and support to agencies, Advocacy, Postnatal follow up, Linkages to Play group and Linkages to Maternal and child health services



ARTWORK DESIGNED BY TAMARA MURRAY OF MARA MAY ART:

Top Right Artwork Story: Representing all the mums finding their strengthened Courage when facing the fears they never knew existed. The moment a baby is born, a mother is also Born.

Left Artwork Story: Becoming a mum and sharing our strengths to uplift each other. Becoming a mum is so rewarding yet a huge eye opener. This painting symbolises the importance of branching out and finding your support network for this new chapter. It's ok to ask for help and be vulnerable, we all struggle – you're not alone on this new chapter of your life.