



Healthy Mothers, Healthy Babies

Working together for the best for you and your baby

Are you pregnant?

Feeling confused?

Need some help?

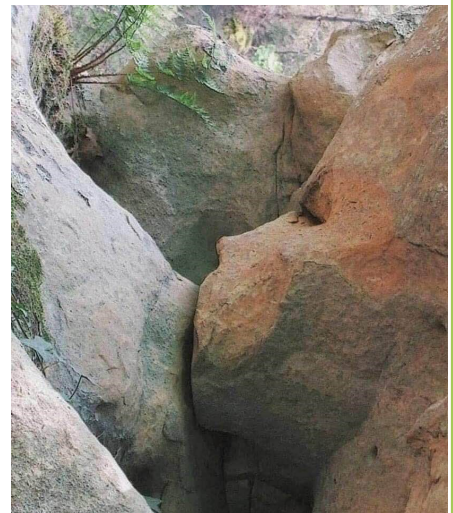
Not sure where to go or what to do?

This program supports pregnant women, at any stage of their pregnancy, who are living in the Wodonga area.

You want the best pregnancy possible - we want this for you too!

We link you to programs and services that help with:

- Physical health
- Finding a house to live in
- Drug and alcohol support
- Mental health
- Safe relationships
- Play groups
- Other things you might need.



How do I join in?
To register
or
ask a question:

**Text or call
Tamara:
0417 509 415**

info@gatewayhealth.org.au

www.gatewayhealth.org.au