

Continence Specialist Service

Do you have problems with bladder or bowel control?

There is always something that can be done to make things more manageable.

The Continence Specialist Service offers specialist continence assessment, education and treatments from nurse continence specialists. This service includes Nurse Continence Specialists, a Continence Clinical Nurse Consultant, and a Bladder Health Information program.

We offer:

- Assessment and advice for problems with bladder and bowel control
- Advice and assistance with funding opportunities
- Indwelling and intermittent catheter education and management support
- Product information and advice on appropriate and cost-effective continence aids and appliances
- Provision of education to interested community groups
- A coordinated approach to care

Wangaratta

45-47 Mackay Street
Wangaratta 3677
E info@gatewayhealth.org.au
T (03) 5723 2000 F (03) 5722 2313
W gatewayhealth.org.au

Wodonga

155 High Street Wodonga 3690
E info@gatewayhealth.org.au
T (02) 6022 8888 Freecall: 1800 657 573
F (02) 6024 5792
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How do I access this service?

We provide home and clinic-based services to people aged over 65 years, and anyone aged over 5 years with chronic disease or disability.

We service the local government areas across the Central Hume area, including the Rural City of Wangaratta, Benalla Shire, Mansfield Shire, Ovens Valley and King Valley.

For further information about the intake process, or about the service in general, please phone our nursing administration.

 **03 5723 2070**

If you are over 65 (over 50 for Aboriginal and Torres Strait Islander peoples) your referral should come through My Aged Care.

- You can do this directly by calling My Aged Care on 1800 200 422.
- Your GP practice nurse could assist with this referral.
- If you have a case manager or support coordinator they can place a referral for you.

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