

Community food recognises that we're all in this together.

- Enjoy meals with others
- Share excess food
- Establish a sense of community over a good meal
- Help others doing it tough. Can you help others or do you need help yourself?

Everyone's welcome to participate!



More about Community Food For All (CFFA)

CFFA is a local food network of people, agencies and groups who are interested in improving access to healthy and affordable food in Wangaratta and the surrounding rural communities.

Other brochures available in this series are:

- **What exactly is community food for all?**
- **Where to find community food?**

All brochures can be downloaded at:

www.gatewayhealth.org.au Updated Feb. 2017



To find out how to get involved, or find out more about this initiative, contact:



Community Projects Officer
T. (03) 5722 0888
E. council@wangaratta.vic.gov.au



gatewayhealth
proudly developed this brochure

WHERE to find community food?



A local food network supporting activities that improve access to healthy, affordable food across the Rural City of Wangaratta.



What's on offer for lunch

Community Lunches A chance to cook a healthy lunch and share ideas and the company of others

- **Pangerang Community House Community Lunch:**
38 Ovens St, Wangaratta T: (03) 5721 3813
Once a month \$5 and bookings essential
- **Open Door Neighbourhood House Cooking classes:**
61 Burke Street, Wangaratta T: (03) 5721 9175
Tuesdays and Fridays during school terms. Charges apply.

- **Home and Community Care (HACC)**

Subsidised Community Group Lunches for eligible seniors from smaller communities. NO CHARGES APPLY.

Scheduled most months in Eldorado, Glenrowan, King Valley, Peechelba, Springhurst, Wangaratta and Whorouly.

Contact Rural City of Wangaratta on (03) 57220790 for details.

* Venue times and dates may be subject to change, so please call ahead to confirm.

In and around Wangaratta you can get involved with other food access options: share meals with others, create and enjoy community and share your skills. Everyone is welcome to access these services and many of them provide opportunities to become involved if you wish to do so.

| Groups | Free or charge | Where to find community groups |
|----------------------------------|--|--|
| Community Food Swaps | Free shared excess produce. All welcome. | <ul style="list-style-type: none"> • Pangerang Community House 38 Ovens St, Wangaratta T: (03) 5721 3813 Wednesday mornings during school term from 9am - 12pm • Open Door Neighbourhood House: Fresh Food Donations 61 Burke Street, Wangaratta T: (03) 5721 9175 Drop in during opening hours 9.00am - 4.30pm |
| Men's Breakfasts | <p>FREE community breakfast. All men welcome.</p> <p>FREE community breakfast. All men welcome.</p> <p>SMALL CHARGE APPLIES. All men welcome.</p> | <ul style="list-style-type: none"> • Baptist Church 'Need a good breakfast' Cnr Sisley Ave and Frank Hayes Drive T: (03) 5722 9389 1st Saturday of the month, 8.00am • Wesleyan Church 'Need a good breakfast' Parfitt Road, Wangaratta T: (03) 5721 9146 3rd Saturday of the month, 7.30am • St Michael's Church 'Need a good breakfast' 42 Appin St, Wangaratta T: (03) 5721 6692 Call for details. |
| School Breakfast Programs | FREE healthy breakfast for students. | <ul style="list-style-type: none"> • Wangaratta High School Edwards Street campus, Wangaratta T: (03) 5723 0500 Wednesday mornings before school during school term. • Primary Schools Contact your child's school directly for options. |
| Emergency Food Relief | | <ul style="list-style-type: none"> • Loaves and Fishes - Christians Caring Anglicare, 39 Ovens St, Wangaratta T: (03) 5723 7900 Monday - Friday 10.00am - 12.00pm |
| Community Evening Meals | <p>FREE wholesome meals for anyone in need.</p> <p>FREE BBQ based meal. All welcome, family friendly.</p> <p>Pizza's prepared by students with quality locally grown produce. All welcome CHARGES APPLY.</p> | <ul style="list-style-type: none"> • Carevan: 3 nights a week, between 6.00pm - 7.00pm T: (03) 5721 2125 <i>Monday</i> (Yarrunga): Bindall Avenue <i>Tuesday</i> (West End): Rotunda/BBQ Area between Ross & Lowe Crts <i>Wednesday</i> (Central): Apex Park, pavilion/undercover area • Victory Community Centre 40 Ryan Avenue, Wangaratta T: 0475 957 107 Fridays 6.00pm - 8.00pm • Myrree School Pizza night 1673 Benalla Whitfield Road, Myrree Four times a year T: Myrree PS (03) 5729 7524 Monday - Friday during school term. |