

ALCOHOL & OTHER DRUG COUNSELLING PROGRAM

Are you thinking about making a change or maybe having a break/cutting down on your use of alcohol and/or other drugs?

Has anyone - you or a family member been affected by your alcohol/drug use?

Talking to someone can help.

We can support you:

- Through withdrawal/detox/rehab
- To discuss safer choices
- Through times of change and recovery
- With care, non-judgement and empathy
- With a private and safe environment to talk about issues
- With access to other specialist services

The AOD Counsellors are based at Gateway Health in Wangaratta and Wodonga. They can also travel to other areas in the region if required, for example; Benalla, Mansfield, Myrtleford, Beechworth and Mt Beauty.

*****Free & Confidential*****

For intake, assessment and referral into AOD Counselling please
contact ACSO on **1300 022 760**